**Steinmetz College Prep**

**New Student Support Group Overview**

**Title:** New Student Support Group

**Grade Level:** New Students (Grades 9-12)

**Purpose:**

* To help students develop transition skills as they acclimate into a new setting.
* Help students identify a support network at Steinmetz College Prep.
* To teach students and allow them to practice friendship seeking skills.
* Help students familiarize themselves into the school culture at Steinmetz College Prep.
* Help students identify things that they have in common with other group members.
* To teach students about the rules, expectations, and services at Steinmetz College Prep.

**Group Population:** The population serves sophomores who have recently transferred into Steinmetz College Prep. The group will be composed of approximately ten students of both males and females.

**Group Format:** Life Skills Group

**Length of sessions:** One class period

**Group location:** Room 123

**Meetings Times per week:** The group will be held every Tuesday during Second Period.

**Group Goals:**

1. Increase attendance rates.
2. Improve academic achievement.
3. Improve school morale and school spirit.
4. Create a sense of connectedness to other group members and Steinmetz College Prep

**ASCA National Standard(s):**

ACADEMIC DEVELOPMENT

Standard A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.

Standard C: Students will understand the relationship of academics to the world of work and to live and home and in the community.

PERSONAL/ SOCIAL DEVELOPMENT

Standard A: Students will acquire the knowledge, attitudes and inter-personal skills to help them understand and respect self and others.

Standard B: Students will make decisions, set goals and take necessary action to achieve goals.

**Competency(ies) Addressed:**

A:A1.3 Take pride in work and achievement

A:A2.3 Use communications skills to know when and how to ask for help when needed

A:A3.2 Demonstrate the ability to work independently, as well as the ability to work cooperatively with other students

A:A3.3 Develop a broad range of interests and abilities

A:A3.4 Demonstrate dependability, productivity and initiative

A:C1.1 Demonstrate the ability to balance school, studies, extracurricular activities, leisure time

and family life

A:C1.2 Seek co-curricular and community experiences to enhance the school experience

PS:A1.1 Develop positive attitudes toward self as a unique and worthy person

PS:A1.2 Identify values, attitudes and beliefs

PS:A1.4 Understand change is a part of growth

PS:A1.5 Identify and express feelings

PS:A1.9 Demonstrate cooperative behavior in groups

PS:A1.10 Identify personal strengths and assets

PS:A1.11 Identify and discuss changing personal and social roles

PS:A2.1 Recognize that everyone has rights and responsibilities

PS:A2.2 Respect alternative points of view

PS:A2.3 Recognize, accept, respect and appreciate individual differences

PS:A2.8 Learn how to make and keep friend

PS:B1.4 Develop effective coping skills for dealing with problems

PS:B1.5 Demonstrate when, where and how to seek help for solving problems and making decisions

PS:B1.8 Know when peer pressure is influencing a decision

**Method of Evaluation:**

**Perception Data:**

* Student Evaluations

**Results Data:**

* Year-to-Date attendance
* Semester grade comparison

**Overview of Intervention Plan**

**Session 1:** Group intro and discussion of terms

**Session 2:** Group skills and friendship skills

**Session 3:** Overview of Steinmetz College Prep- expectations and graduation requirements

**Session 4:**Overview as to how students can get involved at Steinmetz and create connections with other students.

**Session 5:** Individual goals

**Session 6:** Closing, reflection, and evaluation session