**Pre-Test**

1. I know the stages of the grief cycle Yes No
2. Journal Writing has been an effective tool for handling a loss of a loved one Yes No
3. I have peers or adults that I can talk to about a loss of a loved one Yes No
4. I have difficulty coping with the loss of a loved one Yes No
5. I have/know effective tools to use when I am feeling bad about a loss Yes No
6. I know that other peers are dealing with a loss of loved ones too Yes No
7. I feel alone in the grieving process Yes No

**Post-Test**

1. I know the stages of the grief cycle Yes No
2. Journal Writing has been an effective tool for handling a loss of a loved one Yes No
3. I have peers or adults that I can talk to about a loss of a loved one Yes No
4. I have difficulty coping with the loss of a loved one Yes No
5. I have/know effective tools to use when I am feeling bad about a loss Yes No
6. I know that other peers are dealing with a loss of loved ones too Yes No
7. I feel alone in the grieving process Yes No