**What’s in a Name?**

*School*: Steinmetz College Prep

*Subject*: No Name-Calling Week

*Grade*: 9-12

*Duration:* 1 session

**ASCA Standards**- Personal/Social Development

**Standard A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.**

**Competency A2**: Acquire Interpersonal Skills

PS:A2.2 Respect alternative points of view

PS:A2.3 Recognize, accept, respect and appreciate individual differences

PS:A2.4 Recognize, accept and appreciate ethnic and cultural diversity

**Learning Objectives**

Students will be able to:

* describe the impact of names and slurs in their lives
* provide a reflection of their own experiences with name-calling (EC)
* understand the origin and usage of common slurs
* brainstorm strategies they can use to reduce name-calling in their school environment

**Materials**

* Markers
* Student handouts
* PPT
* Masking tape
* Post-it notes

**Lesson Procedures** (*Student Involvement will be italicized*)

1. Counselors will start with a brief overview of what No Name Calling Week means and why it’s celebrated followed by an ice breaker activity (Who are You?) Counselors will read statements from a list and have students who have experienced that statement walk to the line for a few seconds and look at the other people on the line, and then return. (10 min)
2. Counselors will show a short clip from Freedom Writers after activity followed by a self-reflection related to the video. Ex: Can you think of a time when you were called a name that upset you?) Students will have the opportunity to share their thoughts
3. Counselors will continue with ppt presentation by explaining the harmful effects behind name calling and the roots behind commonly used phrases. (Faggot, Retard, N-word, Bitch)
4. **What’s in a Name: Faggot**- counselors will explain the meaning behind faggot (bundle of stick vs. modern day insult)

**What’s in a Name: Retard**- counselors will explain the meaning behind retard (specific diagnosis vs. being referenced to any disability) followed by a short video of Soren Palumbo’s R word speech.

**What’s in a Name**: **N-word**- counselors will explain the meaning behind the n-word (term used to belittle blacks and its meaning of transformation to modern day society)

**What’s in a Name**: **Bitch**- counselors will explain the meaning behind bitch (ill-mannered women being compared to female dogs and its evolution to how it is used so commonly in today’s society)

**\*\*counselors will allow for class discussion after every commonly used phrase**.

**Lesson Assessment:**

1. Counselors will pass out post-it notes and have students write a compliment or something nice that they’ve received.