**Steinmetz College Prep**

**New Student Support Group: Session Six**

**Closing and Reflection**

**ASCA National Standard(s):**

Academic Development: Standard A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.

Academic Development: Standard C: Students will understand the relationship of academics to the world of work and to live and home and in the community.

Personal/Social Development: Standard A: Students will acquire the knowledge, attitudes and inter-personal skills to help them understand and respect self and others.

Personal/Social Development: Standard B: Students will make decisions, set goals and take necessary action to achieve goals

**Competency(ies) Addressed:**

A:A1.3 Take pride in work and achievement

A:A2.3 Use communications skills to know when and how to ask for help when needed

A:C1.1 Demonstrate the ability to balance school, studies, extracurricular activities, leisure time

and family life

A:C1.2 Seek co-curricular and community experiences to enhance the school experience

PS:A1.1 Develop positive attitudes toward self as a unique and worthy person

PS:A1.2 Identify values, attitudes and beliefs

PS:B1.4 Develop effective coping skills for dealing with problems

PS:B1.5 Demonstrate when, where and how to seek help for solving problems and making decisions

**Goals:**

* Complete Post Test
* Reflect back on what group members have learned
* Determine what group members liked and didn’t like

**Materials:**

* Note cards
* Markers
* Post test

**Process:**

* Ice Breaker- Students will begin by starting a drawing and will rotate left after a minute and a half. Each group member will be able to add on to each other’s picture.
* Each person will receive a note card that they need to write their name on. The note card will be passed to every group member so that they can write something positive about that person.
* Group discussion about what group members found to be most beneficial. What would they change?
* Review how to access student portal.
* Complete post test

**Closing Time:**

* Remind students that they can always get further support at the Counseling Office.