**Steinmetz College Prep**

**New Student Support Group: Session Four**

**Getting Involved at Steinmetz College Prep**

**ASCA National Standard(s):**

Academic Development: Standard A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.

Academic Development: Standard C: Students will understand the relationship of academics to the world of work and to live and home and in the community.

Career Development: Standard B: Students will employ strategies to achieve future career goals with success and satisfaction.

**Competency(ies) Addressed:**

A:A3.3 Develop a broad range of interests and abilities

A:C1.1 Demonstrate the ability to balance school, studies, extracurricular activities, leisure time

and family life

A:C1.2 Seek co-curricular and community experiences to enhance the school experience

A:C1.5 Understand that school success is the preparation to make the transition from student to community member

C:B1.2 Identify personal skills, interests and abilities and relate them to current career choice

**Goals:**

* Introduce students to different ways to get involved at Steinmetz College Prep
* Review options for community hours

**Materials:**

* Pens/pencils
* “12 Ways to get Involved” handout
* Board
* Markers

**Process:**

* Ice breaker- Students and school counselor will go around and rate how they are currently feeling. One will be the lowest and ten will be the highest. Each person will explain the rationalization behind their rating.
* As a group, the students will come up with different ways to get involved at Steinmetz College Prep on the board.
* Each student will explain what activities that they were involved in at their previous high school and activities that they would like to join at Steinmetz College Prep. The school counselor will explain what Steinmetz College Prep has to offer that’s the most comparable to their previous activities.
* The school counselor will stress the importance of getting involved at Steinmetz College Prep to meet new people and enhance their ability to get into college.
  + Explore potential career interests
  + Better chance of earning scholarships
  + Makes you more organized as you balance school, homework, and an activity
  + Keeps you too busy to get into trouble
  + Allows the opportunity to make mentoring connections with adults
  + Gives you motivation to maintain your grades so that you can be a part of the extracurricular activity
* If there is remaining time, group members will play with the question ball.

**Closing Time:**

* Name one thing that you have learned today?
* Is there any additional information that you would like to learn about Steinmetz College Prep?
* Reminder about next week’s meeting