Are you an Introvert or an Extrovert?

Answer each question True or False, choosing the answer that applies to you more often than not.

1. I prefer on-one one conversations to group activities.

True False

1. I often prefer to express myself in writing.

True False

1. I enjoy solitude.

True False

1. I seem to care about wealth, fame, and status less than my peers.

True False

1. I dislike small talk, but I enjoy talking in-depth about topics that matter to me.

True False

1. People tell me that I am a good listener.

True False

1. I’m not a big risk taker.

True False

1. I enjoy work that allows me to “dive in” with few interruptions.

True False

1. I like to celebrate Birthdays on a small scale with one or two of my close friends and families.

True False

1. People describe me as “soft spoken” or “mellow”.

True False

1. I prefer not to show or discuss my work with others until it is finished.

True False

1. I dislike conflict.

True False

1. I do my best work on my own.

True False

1. I tend to think before I speak.

True False

1. I feel drained after being out and about, even if I enjoyed myself.

True False

1. I often let calls go through to voice-mail.

True False

1. If I had to choose, I’d prefer a weekend with absolutely nothing to do to one with too many things scheduled.

True False

1. I don’t enjoy multi-tasking.

True False

1. I can concentrate easily.

True False

1. In classroom situations, I prefer lectures to group work.

True False

Total True Answers:

Total False Answers: